



All



About



Me









My



name:

 +  to    .
Hello and welcome to Abbey Park Middle School.

    to  
We are really looking forward to having you

       
join us in the Star Room. We would love

       
to learn more about you before you join us.

1  

1. All About Me

2   

2. Who is important to me

3   

3. Things I like to talk about

4  

4. Things I enjoy

5  

5. Things I don't like

6    

6. Things I need help with

7     

7. I would like you to know

Draw or insert picture of
yourself here 😊



My



name

is:

.....



I



prefer

to be



called:

.....



My



Birthday

is:

.....



I

am

.....



Years



old



I



live



in

.....





People who are important to me:



Who

I

live















with:
























Pets:



Friends:

	 I can	 do it	 I need help	 I can't do it
 Get out of bed				
 Tidy my bedroom				
 wash my face				
 Brush my teeth				
 Wash	 myself			
 Go to the toilet				
 Get dressed				
 Fasten zips				
 Fasten buttons				

	  I can do it	  I need help	 I can't do it
   Drink from a cup			
  Using Cutlery			
   wash my hands			
 Brush my hair			
  Use scissors			
  Use Glue			
 Read			
 Write			
  Tie Shoelaces			



Favourite



food:

.....



Favourite



drink:

.....



Favourite



place:

.....



Favourite



game:

.....



Favourite



toy:

.....



Favourite



song:

.....



Favourite



TV show

or



movie:

.....



Do you



do



any



clubs



in school

or



outside

of



school?



Please



circle



Yes



or No:



Can



you



swim?



Yes



No



Do you



like



swimming?



Yes



No



Do you



like



cooking?



Yes



No



Do you



like



using technology?



Yes



No



Do you



like



art?



Yes



No



Do you



like



music?



Yes



No



Do you



know



the Zones

of Regulation?



Yes











No

 Please  circle  Yes or  No?

 Do you  use  a wobble  cushion?  Yes  No

 Do you  use  fidget toys?  Yes  No

 Do you  use  ear defenders?  Yes  No

 Do you  use  chair  resistance  bands?  Yes  No

 Do you  have  movement  breaks?  Yes  No

 Do you  do  the  daily mile?  Yes  No

 What  other  strategies  do you  use?